

# THE REBEL

## Understanding What Drives You



Red is the color of your dominant archetype – The Rebel. The Rebel lives for today, views work and fun as the same, and will try new things on the spur of the moment. Enjoyment and being active are essential to the Rebels in our midst. Rebels tend to be non-conformists and are more spontaneous than other archetypes. After all, rules are just suggestions to Rebels. Want to get a Rebel's back up? Tell them what to do and when to be there. Routines, rules, and strict schedules are not their favorites. They like surprises and don't mind calling attention to themselves through their dress and appearance. They love giving extravagant gifts because they enjoy seeing the recipient's reaction.

As Jimmy Buffett once sang, "We are the people our parents warned us about." If you are a Rebel it's entirely possible you suppressed these archetypal characteristics due to societal pressures to be responsible and "act like an adult". Fear not, however, those urges and motivations were not lost. As we pass 60 years, we are free of some of these responsibilities and can allow the Rebel back out. Play is the operative word for the Rebel who sees life as fun. They are outgoing and talkative. No one they meet is a stranger for long. The Rebel is a friendly person who is not afraid to engage with others.

If the Rebel is on a team, they are the cheerleader as well as a team member. They love being part of a group, as long as it is not a group working on a deadline. The Rebel is not time bound. Deadlines have been an enemy since youth.

People often find the Rebel to be socially charming, cheerful, adventurous, the life of any party, clever and witty.

Others, however, may view the Rebel as impulsive, tending toward irresponsible. Follow through is not always a Rebel's strong suit. They can also be easily distracted. After all, they are busy living in the moment.

From an occupational standpoint, Rebels are/were natural sales people. Even if they were not engaged in direct sales work they are gifted at pitching a product or company. They also are involved in the building trades. They like constructing and building. Our red Rebels love operating tools- pottery wheels, mix masters, chain saws, airplanes, even scalpels. If they are doctors they would gravitate toward the pace and activity of the ER. Paramedics would be another natural choice along with: Magician/performer, athlete, racecar driver, even a photojournalist. Perhaps even gymnastics/acrobatics they are so flexible.

## What Does Retirement Look Like To the Rebel?



As Rebels age and face the prospect of retirement, they will be positively gleeful if they are able to leave a job that confined or limited their fun loving nature. Rebels, however, will not be content to just hang out and do nothing. They love to travel. They would rather experience exotic places than simply read about them. Now whether the Rebel has money put away for retirement travel is another question. They may not have been the best savers due to their propensity to live in the moment. However, ever sunny and “red” in their dispositions, they will figure out how to become an entrepreneur and make money so they can engage in fun activities. Reds can see themselves having a new career as long as they are not stuck in an office.

### *The Rebel’s Rx for Retirement*

Rebels who are over 60 may consider the following as they look forward toward their future:

- ❖ You may have been confined to the indoors in your previous career incarnation. Now might be a good time to get outside. Considering your love of nature and the outdoors you might want to consider becoming a tour guide at a national or state park. Gardening is also a possibility. Whether working on a back yard raised bed planter growing herbs and produce or at a large community garden, either would satisfy a need to be outdoors and grow your own food to boot.
- ❖ You may find you finally have time for the creative arts you are so good at, particularly the performing arts. There are probably small theaters or playhouses in your community. These are excellent venues for trying your hand at acting, directing, play-writing, or even scenery design. If not plays, what about joining a choral group or starting a garage band (perhaps moving inside, however, since Mom and Dad aren’t around to complain about the volume).
- ❖ You are entrepreneurial by nature so why not exercise that quality in retirement by conceiving of another business venture. This will satisfy a number of needs: (1) possibly provide a stream of income, (2) represent a change for you (the Rebel is the one archetype that not only does not mind change but even welcomes it), and (3) you can define how you want to work. For example you can be in charge of where and when you work. (Owning your own time is, let’s say it together- priceless!)
- ❖ Rebels are quite often good with their hands, favoring tools and equipment. Why not volunteer for Habitat for Humanity or a similar home building organization? You might want to consider the Peace

Corps or even a mission trip where you help under serve communities in infrastructure and building repairs.



- ❖ Travel probably has always been important to you and now that you have more time and flexibility you should find creative ways to continue traveling even if there are budgetary considerations. Rebels are more likely to consider themselves travelers rather than tourists. You are likely to be drawn to exotic or novel places. If hotels and cruise ships are not affordable, camping, home exchanges, and or sharing places with friends and family can be an option.
- ❖ Again if income is an issue, your friendly nature may or have already lent itself to sales. Try your hand at selling products your care about or even in stores you like (you can always get discounts!)

Regardless, fun, friends, and flexibility will be important to you in your post-career years.

### **The Rebel In a Nutshell**

Spontaneous  
Fun  
Non-Conformist  
Active  
Playful  
Talkative  
Adventurous  
Good Sense of Humor  
Energetic  
Impulsive  
Innovative

### **How Do You Spend Your Time?**

Where does your time go? List your five major activities in the last week. How much time did you give to each one? Which were what you wanted to do and which were obligations or activities you felt you were expected to do? How much of your time is spent devoted to the needs of others at the expense of your own desires?

List five activities you enjoy doing. These are activities that nourish and lift your spirits. When was the last time you pursued these activities? How might you incorporate these activities into your schedule, even for short amounts of time? Time is one of our most precious resources. The following is a discourse on time written by Peter Beagle in *The Last Unicorn*...

“When I was alive, I believed-as you do- that time was at least as real and solid as myself, and probably more so. I said 1:00 as though I could see it, and “Monday” as though I could find it on a map...Like everyone else, I lived in a house bricked up with seconds and minutes, weekends and New Year’s Days, and I never went outside until I died, because there was no other door. Now I know that I could have walked through walls.”

